



Tarble Athletic & Recreation Center 2019  
Alumni Usage Policy

## User Regulations

- All Carthage alumni with a valid alumni I.D. (provided by the Alumni Office) with a 2019 sticker indicating a liability form on file may use the recreational facilities (fieldhouse, racquetball courts, Semler Fitness Center) during open hours, unless a scheduled event closes the facility.
- All alumni utilizing the TARC must abide by the regulations set forth in this policy guide
- We do not sell memberships to the facility or allow outside persons without Carthage affiliation
- The use of profane language or aggressive behavior will not be tolerated
- Physical and/or sexual harassment will lead to immediate removal and possible permanent ban from the TARC
- All alumni will need to enter at the upper east entrance of the building. Access at the lower level is reserved for students, faculty, and staff that can scan in.

## Guest Policy

Alumni are allowed access to the facility using their alumni ID, however alumni are not permitted to bring guests into the facility. With an extremely high usage by current Carthage students, faculty, and staff as well as athletic practices and competitions, our building no longer has the capacity to accommodate guests of alumni.

## Maintenance / Cleaning

Our maintenance and EVS crews work hard to keep the building clean. We expect you to clean up after yourselves and notify staff immediately of any maintenance or cleaning issues.

## Facility Hours

The TARC is open during the academic year, summer, and partially during school breaks. Normal academic year hours are posted below. Break schedules and summer hours will be posted on the bridge, facebook page, and notices around building.

### Academic Year TARC Hours

Monday-Thursday . . . . . 6 A.M. - 11 P.M.

Friday . . . . . 6 A.M. - 9 P.M.

Saturday . . . . . 8 A.M. - 8 P.M.

Sunday . . . . . 11 A.M. - 11 P.M.

## TARC Policies

- As stated in the User Regulation section, all facility users must present a VALID CARTHAGE ALUMNI I.D. with 2019 sticker indicating a liability form is on file
- **Food / Gum is not permitted on any of the playing surfaces**
- Athletic shoes must be worn while running on the track, working out in Semler Fitness Center, and during all other recreational activities unless otherwise noted
- Hanging on the basketball rims in any facility area is not permitted
- Please lock up belongings in the locker room to avoid theft (Carthage is not responsible for theft that occurs when belongings are not properly stored).
- Use of tobacco products is not permissible within the TARC or within 20 feet of the physical building
- Fighting of any kind will not be tolerated and will lead to immediate dismissal from the facility as well as security being contacted
- All TARC staff retains the right to remove any individual who is breaking the policies and rules set forth in this handbook or feels otherwise appropriate
- Use of bikes, rollerblades, skateboards, etc are not permitted in the TARC
- Please refer to the approved vs. non-approved activities for each area
- Participating in non-approved activities in a designated area will lead to dismissal and possible ban to the facility
- **TARBLE ARENA IS RESERVED FOR VARSITY ATHLETES ONLY**

## TARC Scheduling Policies

The TARC and all areas within the TARC are scheduled by TARC Director, Sam Craig.

Areas with scheduled events or athletic activities will be closed to alumni and all other users.

## Equipment

The control room of the TARC is staffed by an employee that can rent recreational sporting equipment to those with a valid alumni ID. Equipment such as bands and mats can also be rented in Semler Fitness Center with a valid alumni ID.

- Alumni ID will be held until the equipment is returned
- Alumni ID holder is responsible and will be charged for all lost, damaged, or stolen equipment
- TARC employees have the authority to suspend play and/or dismiss individuals from using equipment if not done properly

## Locker Rooms

ATTENTION: DO NOT LEAVE BELONGINGS IN ANY AREA OF THE FACILITY OTHER THAN LOCKER ROOMS --- please lock your items up to avoid theft.

- Lockers are available for **daily use only**
- Locks can be rented from the control room
- Any lock left on a locker overnight may be cut and contents discarded
- Carthage is not responsible for any lost or stolen items
- Sweat towels are available in Semler Fitness Center (subject to availability and washing schedule)
- Towels must be returned to Semler Fitness Center to be cleaned for further use

## Koenitzer Aquatic Center

The pool is open for use during open swim hours in which a lifeguard will be on duty. Pool use outside of these times is reserved for varsity athletic teams, swim lessons, classes, and otherwise scheduled. Alumni with valid alumni ID are permitted use of the aquatic center during open swim hours. Alumni are not permitted to bring a guest into the building, including the aquatic center.

### Open Swim Hours Academic Year

Monday . . . . 12 P.M. - 1:30 P.M. ; 7:30 P.M. -10 P.M.

Tuesday . . . . 12 P.M. - 1 P.M. ; 7:30 P.M. - 10 P.M.

Wednesday . . 12 P.M. - 1:30 P.M. ; 7:30 P.M. - 10 P.M.

Thursday . . . . 12 P.M. - 1 P.M. ; 7:30 P.M. - 10 P.M.

Friday . . . . . 12 P.M. - 1:30 P.M. ; 7 P.M. - 9 P.M.

Saturday . . . . 12 P.M. - 2 P.M.

Sunday . . . . . 2 P.M. - 4 P.M.

- No one is allowed into the pool area without proper identification as stated within the user regulation section
- In accordance with Health Department regulations, the user and any guest must sign-in at the pool check-in desk
- Running, pushing, horseplay, etc is absolutely not permitted and will result with immediate removal
- Rafts and floats are not allowed
- The lifeguard is in charge at all times
- All pool rules and regulations must be followed or risk being removed and banned

# TARC Facility Areas

## Racquetball Courts / Ping-Pong Area

- All courts are open for use if the courts have not been reserved
- Ping-Pong table can be used in the racquetball courts or folded up and moved out by user
- Non-marking, *CLEAN*, athletic shoes are required
- **No food, gum, or drink is allowed on the racquetball courts**
- Eye protection is recommended
- All equipment can be rented at the Control Room Desk

## Table Arena

- The arena is reserved for Varsity Athletics **ONLY**, all other use needs to be cleared with TARC Director, Sam Craig
- If you do not have specific permission to be on the arena floor, you will be asked to leave

## Semler Fitness Center

- Users must sign-in at the desk
- Users must have valid Carthage Alumni ID (with 2019 sticker)
- Proper athletic attire must be worn at all times (including shoes)
- No food, gum, canned beverages, glass bottles, or cups permitted
- Carthage is not responsible for lost or stolen items
- Weights and equipment must be returned to appropriate area after use
- Weights can not be dropped, slammed, or thrown to the floor
- Equipment must be wiped down after use
- NO TRAINING OTHERS, we have a personal training and group exercise program here at Carthage. Only Carthage employed trainers are permitted to train others in the fitness center.

## Fieldhouse

- Courts can be separated by curtain, please ask fieldhouse staff for assistance
- Courts can be used for indoor soccer, floor hockey, tennis, badminton, etc.
- Playing catch (baseball, softball, lacrosse is permitted, however all curtains need to be down in order to prevent windows from being broken)
- There is absolutely no hanging from the nets or rims
- There is no food, drink, or gum allowed on playing surface or track
- Academic classes, varsity sports, campus rec activities always have priority over free-play. These entities hold the authority to ask you to vacate.

## Art Keller Field and adjacent Practice Field

- Art Keller Field (turf) is reserved only for Varsity athletics unless otherwise permitted by athletic director or TARC director
- Practice field is reserved only for Varsity athletics and intramural sports unless otherwise permitted by athletic director or TARC director

## Baseball / Softball Fields

- Baseball and Softball fields are used only for Varsity athletics unless otherwise permitted by athletic director or TARC director

## Smeds Tennis Center

- Smeds Tennis Center is open for leisurely play
- Varsity Tennis teams have priority on the courts

## Lost & Found

As previously stated, Carthage does not take responsibility for lost or stolen items as it is imperative that you place your belongings in a locked locker. TARC staff will not watch over or hold your belongings at any point in time. However, the control room does have a lost and found for misplaced items.

## Injuries, Liability, and Emergencies

- If an injury occurs during recreational free play or workout session, please find the nearest employee
- If the injury is serious, the staff will contact Carthage Security
- Users can find fire alarms and extinguishers throughout the facility
- AED machines are located in the main lobby, Semler Fitness Center, Fieldhouse, and Tarble Arena
- Please refrain from using the elevator during any fire emergency
- In case of fire alarm, all users must vacate the facility immediately
- **Do not hold doors open for anybody; while we understand you may be trying to be polite, it makes it harder for staff to determine who is supposed to be here and who is not permitted. Please do not prop doors open.**
- Individuals are responsible for any injuries suffered as it is personal choice to use the facility
- Each alumni must sign an annual liability form at the upper east entrance. ID will be marked with a 2019 sticker that indicates liability form on file.
- **By entering the TARC on a voluntary basis, you agree to waive all damages, injuries, or losses that you may sustain while using the facility and/or equipment**

## Disciplinary Action

- TARC staff has the right to enforce all of these stated policies at anytime during use
- These policies can not be broken, bent, and/or corrupted while all policies are set to a standard that cannot be changed without specific clearance
- Verbal warnings, ejection from activity or area, as well as dismissal from the building are all authorities TARC staff reserves the right to use
- Severity of incident will determine bringing in Carthage Security, Kenosha PD, and/or permanent ban from the facility
- Usage of the TARC is a privilege and can be revoked with persistent disregard for the rules